IF YOU'RE SUFFERING IN YOUR HOME, WE CAN HELP YOU



ABUSE IS NOT LOVE

HAS YOUR PARTNER EVER...

- Hit, kicked, slapped, or choked you?
- Kept you away from your family and friends?
- Insulted you?
- Made you feel bad about yourself?



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DO YOU FEEL...

- · Sad?
- · Alone?
- Helpless?
- · Scared?
- · Confused?
- Depressed?
- · Hurt?

IF YOU ARE GOING THROUGH ANY OF THESE THINGS, YOU MAY BE IN AN ABUSIVE RELATIONSHIP.

ABUSE IS NOT YOUR FAULT

MANY PEOPLE ARE VICTIMS OF ABUSE.

ANYONE CAN BE A VICTIM OF ABUSE.

ABUSE IS NOT CAUSED BY ANGER.

ABUSE IS NOT CAUSED BY DRUGS OR ALCOHOL.

ABUSE IS USED TO GAIN POWER AND CONTROL.

ABUSE IS A CHOICE.

ABUSE IS AGAINST THE LAW

ABUSE IS A MATTER OF POWER AND CONTROL.



WE CAN HELP YOU! 1.888.411.1333

YOU'RE NOT ALONE

IF YOU NEED:

SOMEONE TO SPEAK WITH • REFUGE
SAFETY • LEGAL HELP • HELP WITH THE POLICE
HELP WITH OTHER PEOPLE

WE CAN
HELP YOU!
CALL NOW:
THIS IS A FREE CALL

1.888.411.1333
WWW.LCADV.ORG



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